



#### **Knitted Flower**

**Using 4mm (US6) needles,** cast on 168 sts. **Rows 1–3:** Knit. **Row 4:** Purl.

Row 5: Knit. Row 6: Purl.

Row 7: \*Knit 6, drop left hand needle towards the back of work and bring up the front to create a twist; rep from \* to end. Row 8: Purl. Row 9: Knit 2 together to end. 84 sts.

**Row 10:** Purl 2 together to end. 42 sts. Cast off.

Thread tapestry needle, spiral into flower shape and secure with several stitches at back of flower.



#### **Crochet Flower**

Using 4mm (US6) hook, chain 145.

Row 1 (RS): Double crochet into second chain from hook, double crochet in each chain to end, turn. 144 sts.

Row 2: \*Chain 5, miss 5 stitches and double crochet into next stitch, repeat from \* to end of row, turn.

Row 3: \*Work 10 treble into chain space, slip stitch into double crochet, repeat from \* to end, working last slip stitch in chain space.

24 petal groups. Fasten off leaving a long tail. Thread tapestry needle, spiral from one end to form flower and secure in place with several stitches.

### Make

Bright and beautiful flowers with our free patterns. There are step-by-step video tutorials available via the QR code below.



## **Share**

A personal experience or dedicate your flower to a loved one that has been touched by breast cancer by sending your flowers virtually via futuredreams.org.uk/makeathon or by posting your finished flowers to Future Dreams House, 61 Birkenhead Street, London, WC1H 8BB.

#### Support

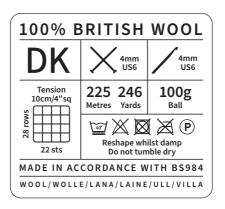
Future Dreams provide practical, emotional and psychological support for those diagnosed with breast cancer, funds vital secondary research and promotes breast health awareness. For every ball of Future Dreams yarn sold



A virtual reveal and flower installation at Future Dreams House will take place in March 2024.



# WEST YORKSHIRE SPINNERS



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